

# Flight Attendant Health

Common Ailments	Survey Responses To Date - June 2008	%
Dry Skin		79%
Dry Eyes		55%
Waking with Dry Mouth		38%
Difficulty falling asleep		66%
Mild Night Sweats		52%
Intense Night Sweats		28%
Knees and back feel tight on exertion		38%
Knee Pain	MILD  MODERATE TO SEVERE  CHRONIC	72%
Moderate to severe Hip Pain		28%
Mild Back Pain		66%
Moderate, Severe, Chronic Back Pain	MODERATE TO SEVERE  CHRONIC	72%
Fibromyalgia		14%
Constipation		52%
Irritable Bowel		34%
Mild Depression		52%
Acid Reflux	MILD  MODERATE TO SEVERE	55%
Body feels warm all the time		34%
Palms, soles warmer than elsewhere		31%
Difficulty staying warm		41%
Aversion to cold -- chilled easily		41%
Headaches	Starting at nape of Neck  Intense (Eyes throb)	82%
Nail Fungus		28%
Nasal infections		41%
Yeast infections		45%
Intense Nail Fungus, Nasal or Yeast infection		28%
Chronic Sinusitis		34%
Chronic Fatigue		38%
High Cholesterol		28%
High Blood Pressure		24%
Insomnia		66%

Help us to help you - complete our confidential online Health Survey questionnaire today

[FlightAttendantHealthSurvey.com](http://FlightAttendantHealthSurvey.com)